

LOW OPTION

Principal Benefits for Kaiser Permanente Traditional Plan (1/1/07—12/31/07)

The Services described below are covered only if all the following conditions are satisfied:

- The Services are Medically Necessary
- The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Service Area, except where specifically noted to the contrary in the *Evidence of Coverage* for authorized referrals, Emergency Care, Post-stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

Annual Out-of-Pocket Maximum for Certain Services	
For any one Member in the same Family Unit	\$1,500 per calendar year
For an entire Family Unit of two or more Members	\$3,000 per calendar year
<i>Copayments and Coinsurance for most Services count toward this maximum as described in the Evidence of Coverage.</i>	
Deductible or Lifetime Maximum	None
Coordination of Benefits	Included
Professional Services (Plan Provider office visits)	You Pay
Primary and specialty care visits (includes routine and Urgent Care appointments)	\$20 per visit
Routine preventive physical exams	\$20 per visit
Well-child preventive care visits (0-23 months)	No charge
Family planning visits	\$20 per visit
Scheduled prenatal care and first postpartum visit	No charge
Eye exams	\$20 per visit
Hearing tests	\$20 per visit
Physical, occupational, and speech therapy visits	\$20 per visit
Outpatient Services	You Pay
Outpatient surgery	\$20 per procedure
Allergy injection visits	\$5 per visit
Allergy testing visits	\$20 per visit
Vaccines (immunizations)	No charge
X-rays and lab tests	No charge
Health education	\$20 per individual visit
	No charge for group visits
Hospitalization Services	You Pay
Room and board, surgery, anesthesia, X-rays, lab tests, and drugs	\$250 per admission
Emergency Health Coverage	You Pay
Emergency Department visits	\$100 per visit (does not apply if admitted directly to the hospital as an inpatient)
Ambulance Services	You Pay
Ambulance Services	\$50 per trip
Prescription Drug Coverage	You Pay
Most covered outpatient items in accord with our drug formulary from Plan Pharmacies or from our mail order program:	
Generic items from a Plan Pharmacy	\$10 for up to a 30 day supply, \$20 for a 31–60 day supply, or \$30 for a 61–100 day supply
Refills from our mail order program	\$20 for up to a 100 day supply
Brand name items from a Plan Pharmacy	\$20 for up to a 30 day supply, \$40 for a 31–60 day supply, or \$60 for a 61–100 day supply
Refills from our mail order program	\$40 for up to a 100 day supply
Durable Medical Equipment	You Pay
Most covered durable medical equipment for home use in accord with our DME formulary	20% Coinsurance
Mental Health Services	You Pay
Inpatient psychiatric care (up to 30 days per calendar year)	\$250 per admission

continued

Mental Health Services		You Pay
Outpatient visits:		
Up to a total of 20 individual and group therapy visits per calendar year		\$20 per individual therapy visit \$10 per group therapy visit
Up to 20 additional group therapy visits that meet the Medical Group criteria in the same calendar year		\$10 per group therapy visit
Note: Visit and day limits do not apply to serious emotional disturbances of children and severe mental illnesses as described in the <i>Evidence of Coverage</i> .		
Chemical Dependency Services		You Pay
Inpatient detoxification		\$250 per admission
Outpatient individual therapy visits		\$20 per visit
Outpatient group therapy visits		\$5 per visit
Transitional residential recovery Services (up to 60 days per calendar year, not to exceed 120 days in any five-year period)		\$100 per admission
Home Health Services		You Pay
Home health care (up to 100 two-hour visits per calendar year)		No charge
Other		You Pay
Hearing aid(s) every 36 months		Amount in excess of \$1,000 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)		No charge
Hospice care		No charge

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, exclusions, or limitations, and it does not list all benefits, Copayments, and Coinsurance. For a complete explanation, please refer to the *Evidence of Coverage*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).